

Beginners Tai Chi - Monday [1]

Description

Activity Type: [Recreation](#) [2] [Relaxation Techniques](#) [3] [Tai Chi](#) [4] State and Region: [TAS](#) [5] [Launceston / George Town](#) [6]

Details

Venue: Elderly Citizens Hall Address: 16 Landale Street Suburb: Invermay Time: 5.45pm - 6.45pm
Schedule: Every Monday @ 5.45pm - 6.45pm Cost: \$4 Per Participant (Reclink Members)

Contact Information

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Source URL: <https://www.reclink.org/programs/reclink-national-program/beginners-tai-chi-monday>

Links

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[2] <https://www.reclink.org/activities/recreation>

[3] <https://www.reclink.org/activities/relaxation-techniques>

[4] <https://www.reclink.org/activities/tai-chi-1>

[5] <https://www.reclink.org/state-region/tas>

[6] <https://www.reclink.org/state-and-region/launceston-george-town>

[7] <mailto:ironlotustaichi@gmail.com>