

## [Yogalates](#) [1]

### Description

Activity Type: [Recreation](#) [2] [Relaxation Techniques](#) [3] [Yoga](#) [4] State and Region: [QLD](#) [5] [Wide Bay](#) [6]

Are you interested in joining a local **Music** group

All music **Enthusiasts** welcome!

**Beginners** welcome

### Details

Venue: Boreham Park Address: 44 McCombe Avenue Suburb: Bundaberg Time: 10:30am - 11:00am  
Schedule: Tuesdays Cost: Free

### Contact Information

Agency: Live Better Phone: 1800 580 580

### Further Information

Bring water bottle, towel and/or mat

**Source URL:** <https://www.reclink.org/programs/reclink-national-program/yogalates>

### Links

[1] <https://www.reclink.org/programs/reclink-national-program/yogalates>

[2] <https://www.reclink.org/activities/recreation>

[3] <https://www.reclink.org/activities/relaxation-techniques>

[4] <https://www.reclink.org/activities/yoga>

[5] <https://www.reclink.org/state-region/qld>

[6] <https://www.relink.org/state-and-region/wide-bay>